

CONTACT INFO

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@RaidersDining



@RaidersDining

541-552-6042

Menus can be found at:

sou.campus-dining.com



HOURS OF OPERATION

THE HAWK – RAIDER VILLAGE

Monday – Friday

Breakfast	7:00am – 10:00am
Continental	10:00am – 11:00am
Lunch	11:00am – 1:30pm
Light Lunch	1:30pm – 3:30pm
Dinner	4:30pm – 7:30pm

Saturday & Sunday

Brunch	9:00am – 1:30pm
Dinner	4:30pm – 7:30pm

THE LANDING – RAIDER VILLAGE

Monday – Friday	7:00am – 10:00pm
Saturday & Sunday	9:00am – 10:00pm

CAMPUS CAFE– STEVENSON UNION

Monday – Friday 8:00am – 2:00pm

Coffee Drinks
Grab N Go Food

Saturday & Sunday CLOSED

SOUTHERN GROUNDS – HANNON LIBRARY

Monday – Friday	7:30am – 4:00pm
Saturday & Sunday	CLOSED

Hours are subject to change pending holidays and school closures.

Menus can be found online at:

sou.campus-dining.com

WELCOME

Welcome to Southern Oregon University's dining program, managed by Elmor Collegiate Dining. We're proud to offer a program that fulfills the needs of today's college students. Each term we'll have exciting events, fresh menus, and great updates to your dining experience. These changes will be the direct result of feedback and input from the people we care about most—our guests. We're here to serve you!

STUDENT EMPLOYMENT

We offer a wide variety of engaging positions, competitive wages, and work accommodations, all while staying flexible for student schedules. For more information on student employment stop by the Food Service Office in The Hawk or visit our website using the QR code here!



RESIDENTIAL MEAL PLANS

\$2,184 Per Term

**Red
Plan**

19 Weekly Meals
\$100 Raider Cash
5 Guest Passes

\$1,846 Per Term

**(S)
Plan**

14 Weekly Meals
\$150 Raider Cash
5 Guest Passes

\$1,456 Per Term

**Rocky
Plan**

10 Weekly Meals
\$100 Raider Cash

\$1,020 Per Term

**Madrone Hawk
Plan**

5 Weekly Meals
\$400 Raider Cash

\$900 Per Term

**Madrone Raider
Cash Plan**

\$940 Raider Cash

*Meal swipes are only accepted once per meal period.
Raider Cash or another form of payment can be used to
purchase additional meals.*

SOU DINING RETAIL LOCATIONS

Accepts cash, credit, debit, and Raider Cash.

***New* Campus Cafe**

In The Stevenson Union

Campus Café is your first stop for a morning coffee drink and snack. At lunch, Grab-and-go options are available such as salads, sandwiches, and sushi rolled daily along with hot & cold beverages.

The Landing

Next to the Hawk Dining Hall

The Landing campus store features a macro-Starbucks outlet and grocery items. Grab-and-go options are also available such as sushi rolled daily, fresh sandwiches, candy, snacks, and beverages.

Southern Grounds

Next To The Hannon Library

At Southern Grounds we exclusively feature Café Mam's fair trade, organic, and shade-grown coffee in this full-service coffee shop. We offer a wide assortment of grab-and-go items including sandwiches, salads, and snacks prepared fresh daily in our kitchens. You can also find seasonal drinks, fresh pastries, and deli sandwiches made to order.

SOU DINING CAMPUS MAP



RAIDER CASH

Nearly all meal plans come with Raider Cash, which is a declining balance of campus dining dollars. Raider Cash can be used at any SOU Dining location for any purchases. Anyone can add more Raider Cash onto any account by visiting sou.campuscardcenter.com or by scanning the QR code here.



CONTACT INFORMATION

For more information, contact us at 541-552-6042 • sou.campus-dining.com



@RaidersDining



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COMMUNITY MEAL PLANS

Available to anyone without a residential plan, these plans include meals for The Hawk and/or Raider Cash for use at any SOU Dining location.

Ashland Plan

\$190

20 Meals
Up to \$80 in Savings

University Plan

\$335

30 Meals
\$50 Raider Cash
Up to \$120 in Savings

Raider Plan

\$660

65 Meals
\$75 Raider Cash
Up to \$295 in Savings

Raider Cash Plan

\$400

\$435 Raider Cash



The Hawk

Located in Raider Village is Southern Oregon University's dining commons. The Hawk is open to students, staff, faculty, and the general public. The Hawk accepts all forms of payment.

Garden Kitchen

Focused on a Vegan Lifestyle
Prepared Free from Gluten,
Tree Nuts, Peanuts, Eggs,
Dairy, Fish and Shellfish

Street Food

Imported Flavors from
Global Markets

Red Plate

Classic American
Comfort Foods

Sauce & Stone

Signature Pizzas,
Pastas, and Pasta Sauces

Greens

Self-Serve Salad Station
Featuring Local Produce

Global Fare

Internationally
Inspired Cuisine

Flame

A Modern Twist on Freshly
Prepared Burgers and Fries

The Rogue Deli

Fresh Soup and Sandwiches
Made with Local Bread

SUSTAINABILITY IN ACTION

We believe in feeding people healthy and delicious food, but we also take seriously our responsibility to make a positive change in our community and environment. With a focus on food, planet, people, and wellness, we're committed to changes that create a better dining experience. So far, this commitment has led to the following improvements:

- » Composting all preconsumer fruit and vegetable scraps from our kitchens.
- » Offering all students living on campus a free reusable to-go container at the beginning of the school year.
- » Making weekly donations to the Student Food Pantry in the Stevenson Union.
- » Using as much fresh produce as possible from the SOU Farm in our daily menus.
- » Recycling our used cooking oil for conversion into sustainable diesel fuel.
- » Utilizing the generosity of others through SOU Catering's Second Serving. Food made available.
- » Donating meals to food insecure students through the Raiders Helping Raiders program.
- » Holding a monthly Food Committee with open forum discussions between management and students.

We're proud of the accomplishments we've made so far, but we won't stop here. Contact us at our website to learn more and follow us **@raidersdining** for the latest news and updates.



RAIDER CASH

Raider Cash is available for use exclusively in each of our SOU Dining locations for any purchases. For students with residential meal plans, Raider Cash will carry over each term and will be voided when the student moves out of University Housing or by August 31st, whichever comes first. For questions regarding Raider Cash, please visit our website or call The Hawk office at **541-552-6042**.

Running low on Raider Cash? Students and family can easily add more to their account by calling the dining office at **541-552-6042**, scanning the QR code here, or visiting sou.campuscardcenter.com



GREEN TO-GO BOXES

Need to eat your meal outside The Hawk? Save time, money, and waste, by purchasing a reusable Eco Box for only \$10! Available for use only at the Hawk. This program lets you take your meal to-go, rather than dine in. Eco Boxes are limited to one per person, and regular meal charge rates still apply. When you return with your used Eco box, you can freely trade it in for a clean Eco box for immediate use, or you can ask for a marked carabiner from the cashier to trade for an Eco box later. Please note that if you are taking your meal to-go, you will not be able to eat in The Hawk, unless you pay for a second meal. Purchases can be made with your meal plan, credit card, debit card, cash, or Raider Cash.